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**DIARY DATES**

Fri	17 Mar	7.30	Bar open as usual
Fri	24 Mar	7.30	Bar open as usual
Fri	31 Mar	7.30	Bar open as usual
Fri	7 Apl	7.30	John Welton, St Helena today
Sat	29 Apl		Craning Afloat
Sat	24 Jun		Lympstone Regatta
Sat/Sun	1/2 July		River Exe Regatta

**WALKERS' DIARY****Sailing Club Walk  
19th MARCH**

THE walk is a circular route starting at the church in Mary Tavy, passing through the village and then over moorland to reach a pleasant country lane. We then take an attractive path alongside a fast flowing leat. The path then descends into the Tavy valley and climbs out to meet a country lane leading down into Peter Tavy. Here we have lunch at the inn: after lunch we stroll back to the start at Mary Tavy church.

We suggest that you leave Lympstone at 8.45 am for a start at Mary Tavy at 10.00 am. I suggest that people double

up in cars as far as possible as only limited parking is available near the church. A typical Sunday lunch menu is provided but you will have to choose your meal on the day. I have provisionally booked for 20 people but if you want lunch you must let me know by the 15th so I can confirm the booking for a table at 1.30 pm

Looking forward to seeing you,  
NORMA & KEITH  
M5.....Okehampton  
bypass.....A30...(Sowerton)....take  
first turn into Mary Tavy at war memorial  
and follow round to dead end, to find  
church at the far end of village.

**HOW'S THE WINE?**

THE house wine is boxed to try and avoid it going stale and having to be thrown away. But as this may not be your favourite grape, a number of bottles are now also available.

White

Pierre Javert Vin de Pays Des Cotes de Gascogne, France £6  
Fraser's Bay Chenin Blanc, South Africa £7  
Cuvee Claude Dominique Chablis, France £8

Red

Portocolo, Spain £6  
Hardy's Merlot & Hardy's Cabernet Sauvignon, SE Oz, £7

Saint Pierre Caves Cotes-du-Rhone Village, France £8

All the above will only be sold by the bottle, to avoid wastage, so why not treat yourself to a bottle when next at the club. Perhaps pop the cork in your pocket and you can always take any leftovers home to enjoy with your Sunday roast!

**PLEASE NOTE:** The club is a smoke-free zone. Please do not smoke in the clubhouse even out of opening hours. The cooker should not double as an ashtray.

**March 2006****Lympstone Sailing Club  
Newsletter****COMMODORE'S SIGNAL**

DAYS are drawing out and not so long till BST returns.

Your 2006 Sailing Programme and subscription renewal form will be with you soon, if not already delivered by our club postmen and postladies. You will see the cruisers and dayboats plan to venture west quite a lot, and there's a busy dinghy programme too. We do, though, still need volunteers to organise junior events for the LSC regatta on 24 June. Please contact me if you can help.

The new safety boat is being fitted out at the Retreat Boatyard and Powerboat 1 & 2 training is underway. Training request forms are being circulated – please pass completed forms to Brian Ridge, our training co-ordinator, so we can gauge demand and plan ahead.

Thanks to sterling work by Graeme Wheeler and a few others, Exeter City Council seem to be impressed by the business plan put forward by the Exe Estuary Users Association, which is far more practical and would be run by users for users. Keep your fingers crossed!

Ashore, without a bar manager it's all hands to keep the bar ticking over. Do let Rosemary Maltby know if you would like to learn how to clean the pipes and help out from time to time. The walkers and skittles teams are most active and having fun, and our winter talks are proving popular – let's hope that

continues as I'm on next looking at the racing rules. When did "mast abeam" disappear?!

Members seem to appreciate an email reminder – are you getting yours? Send me a message if not or make a diary note as soon as you get the newsletter. I notice that some email recipients have LSC messages detected as spam – so do check your spam box from time to time! On Friday 7 April John Welton will be giving an illustrated talk on St Helena, for many years sailing's Clapham Junction of the South Atlantic. Do come along.

And finally, the North Atlantic Oscillation index has now turned quite negative, which, for a while, should mean fewer depressions, drier weather and more sea breezes.

Let's hope so!



THE area around The Green, as seen by Cyril Tuckfield, a founder member of Lympstone Sailing Club. Picture provided by Stan Parker.

**LSC FLAG SIGNALS - RACING**

Signal	Flag and sound	Minutes before starting signal
Warning	Class flag up; 1 sound	5
Preparatory	P flag up; 1 sound	4
One minute	P flag down; 1 long sound	1
Starting	Class flag down; 1 sound	0

For Race Officers and sailors, a reminder of some procedures:

- times shall be taken from visual signals, not sound.
- if more than one class racing, the Warning Signal for the next class is made with the starting signal of the preceding class
- if no separate classes, we tend to use a "pretty" class flag, like Z

**On the course side at the start (over the line!)**

If any part of hull, crew or equipment is on the course side of the starting line at the start signal, the boat shall sail completely to the pre-start side of the line before starting.

**Individual recall**

If one or more identified boats over the line at the start, 1 extra sound signal (to make 2) and flag X displayed until all boats have returned to pre-start side of the line, or for a max of 4 minutes.

**General recall**

If race officers unable to identify all boats over the line, 2 extra sound signals (to make 3) and flag First Substitute (FS) displayed. Then 1 sound when FS removed and start sequence rerun commencing with Warning Signal one minute later.

**Finish**

A boat finishes when any part of her hull, or crew or equipment in normal

position, crosses the finishing line in the direction of the course from the last mark. After finishing she need not cross the finishing line completely. If a boat touches a finishing mark after finishing, she shall get well clear of other boats, take a penalty (360 turn), sail completely to the course side of the line before finishing. i.e. recross the line and finish again!

**Postponement**

A start may be postponed to delay the start. i.e. waiting for wind! Flag Answering Pendant (AP) displayed with 1 sound signal. Then 1 sound signal when AP removed and start sequence commences with Warning Signal one minute later.

**Shortened course**

Race officers may shorten the course by displaying flag S with 2 sounds. This is usually done as the lead boat is on what becomes the last leg of the course.

**Abandonment**

To abandon races that have started, display flag N with 3 sound signals.

**Flag recognition**

P (blue peter) blue with white inner box  
 X as Finland's national flag  
 FS blue triangular flag with yellow inner triangle  
 AP long flag with red & white vertical stripes  
 S white with inner blue box  
 N blue and white chequered

**HARBOUR AUTHORITY - LATEST**

POSITIVE negotiations have taken place between Exeter City Council and the Exe Estuary users over the proposals for a Harbour Authority.

A business plan compiled by the users is under active consideration by the city as a way forward. A further meeting with the users is likely to take place later this month (March).

As any of you who attended the annual meeting will know, the users do not consider that the proposals put forward by the city council to manage the navigation of the estuary are viable.

They are also unnecessarily costly and rely heavily on the good will and co-operation of all the clubs in the Exe.

Recently there has been some publicity about the financing of the management of the Exe and this has added some confusion to the debate over the Harbour Authority.

Neil Downes said: "There has been a bit of confusion between the proposed Harbour Authority and the overall management of the estuary for environmental purposes.

"Teignbridge District Council and East Devon District Council contribute to the funding of the estuary for environmental purposes but this has nothing to do with navigation or the proposed Harbour Authority."

**TALK AND WALK****Winter walkers' February Excursion**

NEARLY 40 Club members listened enthralled on February 17th as Capt. Steve Othen, RM (Retd) gave a fascinating account of Dalditch Camp, the wartime establishment on Woodbury and Lymptstone commons which was the recruit training centre for almost 80,000 Royal Marines, 5,000 at a time, during the war.

It was built in 1938-39, at the same time as the Exton camp, but unlike the latter, was closed at the end of hostilities.

Steve's talk was an entertaining and informative account of, in effect, a small town which has now gone back to nature, and of his own experiences while serving there, and, later, in producing an archaeological record before this piece of history vanished forever.

His contemporary photographs were particularly interesting, with the most reliable ground plan reconstructed with

the aid of the Luftwaffe.

On the following Sunday, our speaker conducted us around some of the visible remains, now vanishing fast. We walked from the parade ground to the officers' mess, over the training areas (here be witches!) and on to the decontamination centres, the mortuary and the chapel before adjourning to the 'Dog and Donkey' at Knowle for lunch.

A most interesting introduction to a slice of local history which is fast disappearing, for which we owe our speaker a most hearty vote of thanks.

**Richard Giles**

The next walk is organised by Keith and Norma Exelby (266116). Meet at 10am at MaryTavy Church (near Tavistock – suggest leave Lymptstone at 0845).

Circular walk via Petertavy (lunch – book with Keith by 15th March).