

June 2009

Lympstone Sailing Club Newsletter

Editorial matters

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Social Diary Dates

Sat	6 Jun	1930	Moules Frites
Sun	21 Jun	1930	Pasta Supper
Sat	27 Jun		Exe Regatta [27 th & 28 th]
Sat	4 July		LSC Regatta & evening BBQ
Sun	5 July		Tony Clark Fun Day

Bank Holiday Barbecue

As if the billing of four consecutive race evenings was not enough, the Gordons organised a slipway barbeque on Saturday after racing.

Liz expresses thanks to all volunteers who helped with the cooking, serving, ticket sales & so forth, particularly: John Day, Alan Child & g/daughter, John Whipp, Frances Hurrell, Françoise Lorenc & Ian Scott. The weather was perfect and it was a great success. A very sociable evening was enjoyed by all. Alan said it was great to have 'proper nosh' after three weeks of Chinese food!

Belated Craning Thanks

Many thanks from us all particularly to Jean Bland & her team of helpers: Diana de la Rue, Val Gardner, Rosemary Govan & Adrienne Hebdige who rose early on a cold morning to provide nearly 100 bacon butties & many more cups of coffee & tea to those on Easter Saturday. Their efforts were greatly appreciated.

This 'n That

- **Vacuum packer update** Contact Alan Dixon to borrow it : 224774.
- **Paddle Exe 2009** is taking place on Saturday 13th June at 10am. Start at Exeter Quay then follow the canal, past the Double Locks, on to the Exe at Turf. The tide will assist the estuary route via Lympstone & Starcross, before finishing at Exe Sailing Club. A BBQ & fresh mussels will be available for participants. No entry fee, contributions to RNLI are welcomed. Contact Richard on 07768 051 066 Sponsored by Dixons Chandlery & Exmouth Mussels Ltd.
- SIs available for Exe Regatta via our website or theirs.

Social Events – Updated

Saturday 6th June 7.30 pm Moules Frites, (or Chicken & Chips) supper, by Lucy & Andy McCance Tel 263237 email lucinda_telfer@hotmail.com Look for a list at the Club nearer the time and put your name down or contact Lucy direct

Sunday 21st June 7.00pm Pasta Supper by Neil McCracken & Heather White, details to be circulated nearer the time

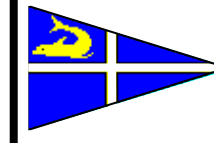
Look out for details on posters at the Club or by regular emails. If anyone is happy to lend a hand at any specific event let me know or contact the organiser.

FOOD AFTER SAILING

In response to requests to have food available after sailing I am stocking the freezer with pasties, pizza, sausages, bread & rolls & fishcakes. There will be a price list inside the cupboard door by the sink in the kitchen where you will also find baked beans, bolognese sauce & pasta, tinned soup, coffee, tea, chocolate & dried milk.

If you want food when an event is not planned, you can help yourself, put the money in the box in the cupboard. There will be a note book to enter what you have used so I can keep items re-stocked. All you need to do is to cook the food yourself & clear up afterwards.

Judith Carter 274104 judith_carter@hotmail.com



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Tale of A Cruiser's Race to Dartmouth

The Topsham SC Stagecoach-sponsored race is one of several to Dartmouth or Brixham that always attracts dozens of entries (31 officially started) with boats of all shapes and sizes that live on the Exe and as usual the weather forecasts are anxiously studied days ahead. This race was no exception with the forecast for light south-westerly winds on Saturday and easterlies on Sunday. So we thought it will be on the nose going down but we can cope with that and we have all day Sunday to get back home. As usual things didn't turn out as I hoped, simply because of my own stupidity. When going down the coast after leaving the Exe on the ebb, it is best to hug the coast and short tack all the way to the Orestone then into Torbay and tack out again around Berry Head, then its only four miles to the Mewstone and Dartmouth. Foolishly thinking I could go a bit faster, I ended up well outside the Orestone and by then the light wind was more like force five, on the nose with a lumpy swell. Those that had stayed in, crept ahead of us. My boat is like a big dinghy, it goes well on a beam reach and downwind but bashing into wind and swell is not recommended. It became a rather uncomfortable ride for the last leg to the Dart but we got there, tied up with the rest of the crowd and enjoyed a sunny afternoon and the festivities at the Yacht Club. That night I slept like a log. Sunday allowed a nice sail back to the Orestone & across to the Ness but from there we motored to Lympstone. I am now having a large brass plate made to fix to the cockpit sole on which will be engraved the message:
IF THE WIND IS SOUTHWEST, TACKING INSHORE IS BEST. Sam

Thanks

I'm sure I'm not alone as a parent in wanting to say a big 'thank you' to Secretary Brian and all the others who helped organise and run the Honda RIB event. As a newcomer to the Club, I am impressed that a relatively small Club is able to lay on both training sessions & the heats for a large group. It was great to see so many youngsters out on the water, many of them clearly fired up by being able to drive a RIB for the first time. Fingers crossed (and kill cords firmly attached!) for the Regional Heat! Simon Pryor

Hydrographic Survey

The result of the latest hydrographic survey of the Exmouth Approach Channel, carried out last February (26th), is posted on the Club Notice Board and is available on our website. Members without internet connection wishing to have a paper copy of the chartlet can request one from the Secretary.

Lympstone Sailing Club on the Up

When the old guys start saying that they don't recognise most of the people in the Club-house anymore, either they have their reading spectacles on or things are looking healthy for the future! When you see a small fleet of dinghies launch in obviously very testing conditions as on Bank Holiday Monday, ladies as well as gents & mixed crews, one really thinks that we have a new generation of enthusiastic sailors, not just of the fair weather types. Good for you! And judging by the wide smiles and chatter on wet and tousled faces coming ashore, you had fun! Whilst the dinghy and social side are clearly on the up, we have a few more cruisers too. All I need are some very short stories or the occasional photograph for this Newsletter from you please! Editor

Editor's Entry

Page 3, you will see, is devoted to specific opportunities for members. Just imagine the hours of thought and effort that our Secretary has already put in to plan this offer. Please don't expect to be able to call up a day or two before the date and ask to join in. Make a commitment now, or at least inform Brian of your hopes now, so that he can proceed. With the large number of helpers involved with such events, diary planning is hard enough, so please try to keep the relevant dates free and don't lightly cancel on the day!

Whilst at our twinning Dinner & Dance in France in May, my host was sporting a LSC tie. It had been given to him by Edmund Jupp after he had berthed his fin-keeled cruiser, leaning against the harbour wall in the mid-1970s!

Looking at the soundings shown in the February hydrographic survey, I'm amazed at the lack of water **in the new buoyed channel**. There are areas with depths between a metre & zero at low water springs! Some channel! If one is contemplating a passage, you might as well choose an hour either side of high water & use the Western Way.

I volunteered my services with Curlew to Alan Harwood who had come across a large anchor in Lymptstone Lake & had dug it out of the mud. Wow, it was heavy, just heaving it off the bottom. We enlisted Neil on the Safety Boat to supply more muscle power, raising it to 3ft from the surface. We then brought it up the brook and under the derrick for craning to the slipway where it still lies awaiting the next move.



Last week, tide, timing & the weather colluded to encourage Anne onto Curlew for the first time this year, so we set off for Topsham with an evening picnic aboard. The sun was warming, but a noticeable southerly breeze meant that we tied up on the trots upstream of the motorway bridge. This seemed ideal, calm sunny but with one flaw, traffic noise! So we set off again downstream, but now the challenge was on to find a calm spot out of the wind. We holed up on a buoy just off some gardens by The Strand at Topsham and enjoyed a very pleasant meal, watching the evening sun and the world go by, including Chas with a bevy of beauties aboard, sailing Wizard upstream.

Imagine my consternation when I came to shut down Curlew's engine after this idyllic evening out—it just kept running! And the starter pinion would not disengage from the flywheel, thus making an awful din! Decompression did not stop it, disconnecting the fuel supply at the injector, did not stop it—was this the discovery of perpetual motion? Alas no, the engine was running on the vapour from its hot sump oil. So how did I stop the thing before it ran out of lubricating oil and seized-up? With a broom handle jammed between flywheel and hull! I packed up and left the boat just happy to have stopped the thing—best to sleep on it before investigating any possible damage done. Next day, I changed the sump oil, WD40'd the starter mechanism after which the engine started and stopped with no hint of the previous day's misdemeanours. The beauty of heavy old diesel engines, they can withstand a degree of abuse! But I will ensure that the manual water cooling adjustment is set to prevent a recurrence. So off to Dartmouth on Thursday—that will test it!

Training

Power Boating: Honda RYA Youth Rib Championship 2009

The Honda Rib Trophy local heat took place on 2 May. The event caused a buzz amongst the Juniors taking part. Thank you to the 13 competitors & to all the helpers.

The Regional heat, hosted by the Royal Torbay Yacht Club, will take place off Haldon Pier on Saturday 11 July. Go to the end of Princess Pier for a fantastic view of the event. The Rear Commodore (Sailing) at Torbay has accepted 8 entrants from Lymptstone, 3 in the 8-12 year category, & 5 in the 13-16 group. Good luck to the Lymptstone contingent.

The Committee has decided to buy a full set of buoys (which will be used for PB course laying & give us the scope to lay interesting Dinghy courses). The Committee have also decided to institute a Junior Rib event of our own at the end of the season.

Sailing:

Adult beginners National Sailing Scheme, Levels 1 & 2 (Course A)

This course was all set up to go last Saturday, 16 May. 10 students had enrolled, 7 Instructors & 20 helpers had been enlisted. The students were presented with the Inshore Waters forecast: "Wind SW 5 or 6 backing SE 5 to 7 then veering SW 6 to gale 8, Sea state moderate or rough, becoming very rough in the west. Weather: Rain or showers, Visibility Moderate or good."

Well what would you have decided? They decided that the course would have to be postponed, much to the relief of the organisers! The Saturday was spent in the cosy Club Room covering all the necessary theory, which was signed off in the log books. We are in the process of setting up the wet part of course for Saturday/Sunday 30/31 May.

Junior beginners Youth Sailing Scheme, Stage 1 & 2 (Course B)

The enrolment list for this course, which is scheduled for 13/14 & 20/21 June is now closed as we have 10 junior participants. The detailed organisation is underway & plenty of volunteers will be required: please let me know if you are prepared to give up a few hours helping to get our youngsters afloat (safety boat transport, safety boat helm, beach master, first aid, catering, etc).

Junior Youth Sailing Scheme, Stage 2 & 3 (Course C)

Enrolment for this course, scheduled for 11/12 & 18/19 July is now open. The idea is to take the Juniors previously trained to Stage 1 & 2 on to more advanced work. Please let me know as soon as possible if you would like your youngsters to enrol. Notice in Club.

Dinghy Sailing Refresher (Confidence Builder, Course D)

Some members have requested a non-certificated Dinghy Sailing Refresher course. It is possible that such an event could be arranged around Monday 20 July, Tuesday 21 July, Wednesday 22 July. [The respective tides are 17.52 (3.6), 18.54 (3.9), & 19.51 (4.1) so clearly it would be an evening event]. It could also mesh nicely with the free sailing scheduled for the Tuesday evening & the race scheduled for Wednesday evening. Arrangements will only be made if there is a sufficient expression of support.

Please telephone or preferably e-mail me straightaway to book a place. A booking notice will be up in the club by the time you read this notice.

INSTRUCTORS

We are short of trained instructors for Sailing. The Committee would like interested people to come forward to be trained as Assistant Dinghy Instructor (DAI, over 14 please), or Dinghy Instructor (DI). There are plenty of Members out there who are good sailors but perhaps have not taken RYA qualifications. To get on these courses you would need to show sailing competence only. The DAI course usually takes 2 days, & the DI course 5 days. The courses we have in mind take place around March-April next year. The Committee has set aside a sum of money to subsidise people who will be selected from those who wish to be considered. In the first instance contact Brian Ridge. All decisions will be taken by the Principal Chris Cooke & the Chief Instructor Samuel Wooley.

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