

June 2008

Lympstone Sailing Club Newsletter

Editorial matters

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Back-numbers & more on our website:
www.lympstonesailingclub.org.uk

LSC Contacts

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This 'n That

- Tall Ships Regatta, Falmouth 10-13 Sept
- Two articles in May PBO debunk the mantra that one needs a waterline of over 25ft to tackle open water. An Achilles 24 bought for £3000 plus £4000 refit circumnavigated the North Atlantic whilst a Hurley 22 crossed 3 times.
- Lets hope for fair winds for the Chandis Cup race to Brixham on 21st June following the cancellation of the Heritage race.

Social Diary Dates

Sun	1 Jun	1600	Races + Barbecue
S/S	14 /15		Exe Jnr Series TSC / Squires Trophy SYC
Sa	21 Jun	1000	Chandis Cup race to Brixham
Sat	28 Jun		LSC hosts Exe Regatta - Supper
Sun	29 Jun		LSC hosts Exe Regatta - Tea

Duty Roster to Mid-July

The names of those who have a role to play in running events at the time of going to print for the next 6 weeks appear below. Swaps may have taken place [**bold**] - the definitive list is on the Noticeboard. Nb arrange your own swaps then inform John Balding on 01392 873961

Norman & Anne Cann	Tim Dearsley/Gavin Lowrey
Brian Hawkins/Oliver Weinhold	Miles Freeman/Andy McCance
John Lupton/Sue Pike	Sarah Hall/Neil McCracken
David Charles/Chris Doak	Jason Ingham/Pete Salter
Richard Crisp /Bob Longhurst	Kevin Pike/Simon Adams
Guy Sutton/Brett Candy	Basil Strickland/Jenny Moon
John Balding /Margaret Turgoose	Debbie Mitchell /Alan Dixon
Dave Collett/Pete Trapnell	Bill Broom/Toby Ingham
Ken Maltby/Neil McCracken	Karl Neilson/Mark Moffatt
Chris Carter/Rosemary Maltby	Sam Collett/Oliver Weinhold
Graham Deane/Tony Day	Eric Gowland/Mike Moffatt

John's London Marathon 2008

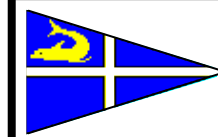
First, thank you very much indeed for your support & sponsorship. If you have not already done so, the best way to give your sponsorship is to put it on my JustGiving website: this gives extra tax money to ChildLine (NSPCC), the same charity I ran for in the last marathon I did, five years ago. The address is: <http://www.justgiving.com/johngosscustard1> Alternatively, you can give me cash or a cheque (made out to J D Goss-Custard) & I will send it to ChildLine. My address is: Havering, Church Road, Lympstone, Devon, EX8 5JT.

The day itself was outstanding - quite magical! It was certainly the best run I have ever had. The weather was perfect - apart from a couple of heavy showers but they didn't matter. The atmosphere was wonderful! Huge crowds gave us lots of encouragement, & sometimes jelly babies & the like. Children held out their hands to do an encouraging 'low fives' with runners. Much encouraging eye contact & yells of support, although more shouts of 'Go on, oldie!' than there had been last time!

There are experienced runners carrying pace-maker signs showing '8 minutes/mile' etc. I aimed for the 10 minutes/mile pace-maker but, as I didn't wear my specs, I mistook '11' for '10' so started rather slower than intended! But it was a happy mistake as I speeded up gradually & moved through the field throughout the race. Instead of being crippled by cramp at 18 miles, as happened before, I ran faster & faster & finished very strongly. My official time was 4 hours 27 minutes but, as I had to stop a couple of times it really took 4 hours & 23 minutes running time - just 40 seconds slower than five years ago. Thanks once again for your support, it is very much appreciated.

John

PS my sponsor list has gone astray so I am unable to collect pledged monies personally.



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River Exe Regatta 28th 29th June at Lympstone

Have YOU entered to SAIL yet?

Will you be participating in the junior programme on Sunday?

Go to www.river-exe-regatta.org.uk

The regatta is approaching fast. Entry is FREE until noon on Wednesday 25th June then £10 up to warning signal for your first race. So why not enter early - if you change your mind or the conditions don't suit you on the day, no problem, don't go out. If you're not sure what boat to sail enter more than one and choose on the day. If you have no crew, several members have expressed a wish to crew on their volunteer return.

Lots of fun planned for the juniors on Sunday's high tide - all sorts for all ages. Contacts: Mike Gall - 2784112, Chris Batson - 222594 or Gavin Lowrey - 276995 see noticeboard.

The party on Saturday evening, when we welcome everyone, offers supper, bar upstairs & down, the Joyce Gang & fireworks - a typical Lympstone Saturday night bash!

Sailing on Sunday is followed by Prizegiving, free draw, then tea, accompanied by Starstruck. All those competing and / or helping over the weekend are automatically entered for the draw - but you have to be there to claim your prize!

So have you completed and returned the request form offering to 'do your bit' to help lay on such a grand event? (Just 17 replies to date)

Specific requests - do you have any outside party lights we could borrow please? Contact Alan Dixon, 224774. Do you have experience of helping on Committee boat / race recording, and nothing else to do Sat/Sun? Please contact Rosemary or Ian.

Thanks to those already working hard on this & to those who are volunteering their assistance at the end of the month. We hope you enjoy the weekend both on & off the water.

LSC Personalized Clothing - Buy Now!!

Just in time for the Regatta perhaps, we can now offer fashionable & affordable clothing for you to purchase with a choice of four embroidered LSC emblems. The appropriate coloured dolphin can be stitched on, on its own, the 2-colour pennant may be encircled with 'Lympstone Sailing Club' in blue or white. The clothing selection can be viewed online, with



details for ordering at <http://our-catalogue.com/brochure/LympstoneSC/LympstoneSCBrochure/> Alternatively a hard copy of the catalogue with stitching & clothing samples will soon be at the Club for you to view before ordering, together with order forms & some sample clothes to give an idea of sizing & colours.

Powerboat Training Report

On Saturday the 10th and Sunday the 11th of May 13 people attended a RYA Powerboat level 1 & 2 training course. We were blessed with some of the best weather of the year which meant we could spend the maximum amount of time on the water. Due to this everyone on the course was able to cover not only the PB1 syllabus but also a great deal of PB2.

To make it easier for people with PB1 to progress to PB 2 (which is the level you will need to take the safety boat course or use a boat abroad) the committee has decided that holders of PB1 can take out a second safety boat during Club events if they wish.. In this way

>>from P1>> they can gain experience in a less pressured way and there is always somebody on hand if they need any advice. Holders of PB1 that are feeling a little more confident can take out the safety boat at other times if they wish but please remember:

- If you're using the boat outside of Club events please supply your own fuel.
- Check the Club calendar is free, sailors won't be happy if they turn up for a race to find both safety boats have gone for a jolly to Topsham!
- Enter the dates and times etc in the Bosun's log.
- Enter the hours at the helm in your Powerboat Logbook.

Some have already tried this, so if you're a holder of PB1 or PB2 & would like some more information ring me on 222594 or email batsons@talk.talk.net. Chris Batson

Dayboats Ahoy!

Four boats, 2 luggers (Alan Child and John Bennett), a Devon Yawl (Ian Scholefield) and a remarkably speedy Devon Dayboat (John Welton), made the most of near-ideal conditions on Saturday 10th May, enjoying a morning sail (more or less in company!) to the southern end of the Topsham moorings and back, taking advantage of the mid-cycle tides. Early season sailing at its best and it was good to see a group of LSC DBs on the water at one time. Thanks to all who participated. Other DB sailors who missed out on this occasion are warmly invited to participate in future programmed events.

Dayboats Offshore - Sunday morning 8th June

Will DB'ers interested in a day 'outside' on 8th June, in company with the cruisers (see LSC Programme) please contact the Cruiser Captain, Don Govan in my absence. Decisions regarding the event will be taken nearer the date and will, of course, depend on the weather conditions at the time.

John Bennett Dayboat Captain

Powerboat Training : Juniors & Scouts

The Power Boat Training for Junior Members and Scouts which Chris Batson has kindly agreed to put on, is only 3 weeks away:

Saturday 14th June 2008 from the Harbour at 14.00-18.00 (HW 16.18, 2.9 m)

Sunday 15th June 2008 from the Harbour at 15.00-19.00 (HW 17.11, 3.1 m)

Only one person has signed up so far. It is extremely frustrating, when people leave signing up to the very last minute. It does not give us a fair chance to organise the event properly. So please sign up as soon as possible, then I can get the confirmation of booking, the logbook, the textbook and certificates in place. Chris is looking for volunteer instructors to assist him; particularly people with their own RIBs, please volunteer.

Editor's Perch

Frustrating for the cruiser fleet isn't it? Boats eagerly on their moorings but mixed weather. Still, at least they are ready to go when the opportunity rises, *White Lady of Rohan*, *Scoosh* and *Nirvana* have already visited foreign parts to my knowledge and some of the dayboaters are very regular sailors. Curlew managed a trip upstream of Countess Wear Bridge on a 3.6m tide that the chart indicates as unattainable. But now that the Harbour Master's boat is afloat, launched in a very controlled fashion with the new block & tackle albeit in drizzle, things must surely improve?

The Commodore has reinforced Club members' reputation for mishaps in her *Signal* so it perhaps behoves us all to take more care in everything we do - oversize rather than make-do on mooring equipment, replace rather than 'give it another year', stick to well-proven ways of doing things and ask for and heed advice when tackling new tasks. At least one person is chuckling no doubt - this year's holder of the *Darling Rock Trophy*!

HONDA RYA YOUTH RIB CHAMPIONSHIP 2008

The Royal Torbay Yacht Club hosted the Regional heats of the Rib Championship on Saturday 24th May. Lympstone Sailing Club was ably represented by Jono Clark, Jack Gardner and Toby Ingham. Our lads acquitted themselves very well in the 13-16 age slalom: Jono, 3rd in 1 minute 37 seconds, Jack, 4th in 1:42 and Toby was well up with the winners until he suffered a kill-cord penalty. The youngsters have promised an account of their adventures in the next Newsletter. The bottom line is that they all had a great day out and lots of fun on the water. They are already planning for next year's event (sadly, Toby will be too old to compete). Why don't you 8-16 year olds join them?

Exe Approaches Navigational Matters

The Notice to Mariners concerning the new 'Swashway' has now been issued. A conventional 'Safe Water Mark' south of Pole Sands at approx. 50° 35.9'N 3° 23.7'W and a 'Preferred Channel Buoy' 6A at approx 50°36.3'N 3°24.17'W

The 'preferred' channel is marked by a new buoy 6A (a modified lateral mark-red with green band) leading to the East Exe cardinal buoy. The alternative navigation channel is marked by channel buoy 6A and a safe water mark. The new channel is the alternative one whilst the main buoyed-channel towards Orcombe point is the 'preferred' channel. When the results of the spring hydrographic survey is known, buoys 1-6 may have to be abandoned or moved to the new swashway channel. A copy of the updated diagrammatic summary chart of the Exe Estuary and its approaches can be obtained from the Secretary. e-mail brianridge@lympstone.eclipse.co.uk

Commodore's Signal

May has seen some sunny spring days tempting us out for an action packed month with plenty of activity on the water & sociable sessions after sailing. Dinghy races have been well supported, cruisers are competing too, & a couple ventured down the coast to enjoy the Dartmouth Music Festival despite the torrential rain! Sadly the easterlies cooled the enthusiasm & turned a few tummies over on the return slog home. The stormy forecast led to cancellation of the Brixham Heritage Race although Neil had a good sail, whilst the ever enthusiastic dinghy sailors were not put off by the grey skies & paucity of wind on the day! The month has seen a dinghy sailing without bungs filling up close to sinking & also a long wait for low tide & walk home when my tender inexplicably (*no, no, the knot was not secure!* Ed) slipped away across the river unnoticed! Retrieved later, secured at Starcross, it serves as a timely reminder that boat & equipment such as outboards should have permanent owner identification on it.

The power boat training was popular & successful – thanks to Chris for giving his time & loaning his RIB, to Chas & Alan who assisted & to Dave Collett for freeing up the second safety boat by using his own for safety duty.

On shore, the fish & chip supper was well supported – thank you to the Hurrells & helpers & to Doreen Broom for bar snacks the following day. The brunch was cancelled as no-one came forward to run this, but plans are in place for the BBQ on June 1st. Then it's the big push for the Exe regatta followed by the first Tony Clark event on July 5th. The plan is to start with a Bucks Fizz Breakfast at Turf, returning on the falling tide for fun on the ridge – cricket? Later, jousting in the brook & firing up the BBQ is suggested for the evening – unless YOU have a better idea! Watch the noticeboard & emails for developments! Lastly, you will probably have noticed the CCTV signs displayed at the harbour – you will be encouraged to know that incidents have already been tracked & issues dealt with. It is good to feel confident that our boats & belongings are now more secure.