

**Editorial matters**

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**This 'n That**

- **Answer to p3 question:** metal, rope or wire rigged tautly between two points along which anything can travel or be made fast to. Or the rods along the tops of yards for securing sails.
- **Free to a good home:** wooden rudder & stock plus 6 buoyancy bags from a Wayfarer-sized (16ft) dinghy - contact *Editor*.
- **Thefts** Overnight 3/4 August, two large outboards (Honda 150hp & Yamaha F100) were stolen together with other equipment from two boats on LFHA moorings. The perpetrators cut moorings & took the boats ashore north of Darling's Rock, to remove the items. This area is overlooked by the cycle path. Crime reference numbers: KE/10/1988 & KE/10/1987.

**After the Horse...**

No sooner had two members suffered major loss due to theft, than our Constabulary appeared proffering the means of signing up for anti-crime messaging from them. The idea is that by phone or e-mail, individuals can receive current information focussing on local boat crime. Forms will be available by the foyer window at the Club.

**Found**

- Small penknife apply *Jenny Moon* 276569.
- Colourful keys, s/mkt & Seat fob, information from *Editor*.

**Craning Ashore 2010**

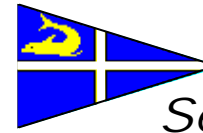
Craning ashore takes place on the 9th October, assemble 0630, Safety Brief 0645, High Tide 0820. All dinghies, tenders & summer dry berthed vessels must have vacated the hard by Sunday the 3rd October. A working party to prepare the hard & mark-out bays will be commence on Friday 8th at 1400.

**Social Events Sept & Oct**

- **Saturday 11<sup>th</sup> September**, Cream Tea 3.30 The Quilt Raffle Draw will take place – come to see whether you have won & whether we have met our target to raise £1000 towards renovation of the Village Hall.
- **Sunday 26<sup>th</sup> September**, Breakfast 10 to 12. Please put your name on list at Sailing Club to book, or phone 274104 or e-mail [Judith-carter@hotmail.com](mailto:Judith-carter@hotmail.com).
- **Saturday 9<sup>th</sup> October** Craning Ashore Supper 7.30pm. Put your name down at the Club for this nearer the time. I am planning a menu of Braised Venison followed by Blackberry & Apple Crumble. I will need a few volunteers to cook venison for 8 (recipe & venison provided), so call me if you can help in October.
- **Future Events** If anyone would like to help me to plan & organise future events & Friday nights -please get in touch; suggestions or offers of talks or demos, just email me.
- Many will have noticed the sterling work of Pat Boaden in taking the Quilt to most of the major village activities over the summer & raising money by selling raffle tickets on behalf of our Club to make a contribution to the funds for refurbishment of the Village Hall. She has done a wonderful job – please come along to the Cream Tea on 11<sup>th</sup> Sept to show your appreciation, enjoy your tea & witness the Raffle Draw. See also page 3  
*Judith Carter*

**Website**

Have you placed a shortcut on your computer desktop yet or bookmarked [www.lympstonesailingclub.org.uk](http://www.lympstonesailingclub.org.uk)? There are over two dozen images from the Bank Holiday weekend of six events.



# Lympstone Sailing Club

## September 2010 Newsletter

**Rory & Cooking Fat Return Safely**

The remarkable double crossing of the N. Atlantic by single-handed yachtsman & Club member Rory McDougall ended on 2 August. With no motor aboard at all, the trip started with a 3-day passage to Plymouth for the start of the Jester Challenge to Newport, Rhode Island, was completed by Rory in 33½ days & 3670 nautical miles, only a couple of hours behind the first boat home, a Peterson 25. Just 9 of the 25 starters completed the event over the next 21 days. Two weeks later, he set off on the return passage, this time only taking 23½ days to cover 3206 nautical miles, averaging 6 knots to Land's End! Arriving off Exmouth at 2230 to be greeted by wife Michelle & the kids after a relatively slow passage since passing Land's End, Rory was glad to be towed the last little bit rather than having to wait for the tide the following day. On arriving at the slipway, a reception party of further family & friends was gathered with champagne to celebrate. Moving to the Clubhouse for more bubbly & pasties supplied by Michelle's parents, Rory was clearly in no hurry to get home to sleep. So within a couple of months, Rory sailed the equivalent of Lympstone to the southern tip of South America. We look forward to hearing him talk of this adventure soon. In fact, I daresay there is more than one talk based on this trip for different Lympstone audiences: Sailing Club Members in LSC & villagers in general in the Village Hall. You can see pictures & words from beginnings to the end on his website <http://roryandcookie.blogspot.com>. If you admire Rory's efforts, why not make a donation to his nominated Charity, the Sir Francis Chichester Trust? It helps Devon 16-24 year olds take part in Outward Bound activities.



*First contact 2227 2/8/10 3½ miles SE Exmouth*



On 28th, invited guests witnessed the official naming, & blessing of *Compass Rose* with drink & a barbecue on the slipway. The Lympstone Fishery & Harbour Board Chairman, Col. G Wheeler opened proceedings by telling the assembled gathering of the delight the Board has taken in supporting Jason Ingham in his venture of rebuilding *Compass Rose* over five years from a virtual hulk to a fully specified fishing boat today. It was indeed an historic day to witness the re-establishment of such a vessel based at Lympstone. Mr D Litton then officially named the vessel with the traditional phrase & released the champagne to anoint the bow. A most poignant blessing & prayers were then given. Two ceremonies followed, a coconut was split & the milk allowed to flow freely over the bow >>>



then the pieces of coconut were offered for eating. Jason's sister, visiting from India, distributed flower petals which were then broadcast over the deck with a prayer for good fortune at sea. The party carried on well into the night under burning torch lighting & strings of lights depicting the vessel. Many pictures (in colour) can be found on the Club's website (see page 4).

### Sophie Takes an Early Dip

Sophie McLennan-Wiggin's planned swim across the estuary to raise funds for RNLI was brought forward to take advantage of ideal conditions on bank holiday Monday. Accompanied by Ross Albon in his kayak, the Club's safety boat, the Commodore's RIB & dinghies, Sophie completed her swim there & back in just over an hour a brilliant effort on her part. Her target of raising £1000 is under way, so please reward her efforts by supporting the RNLI. Do log on to <http://www.justgiving.com/Sophie-McLennan-Wiggin> or pop down to the Club on Friday Clubnight & hand your cash over. More pictures on the Club website.



### Not Quite as Far as Cookie!

In 1964, Frank Dye sailed his Wayfarer from Scotland to Norway via the Faeroe Islands, encountering a F9 gale en route resulting in capsizes, loss of stores & a broken mast. The final 200 miles were completed under jury rig & on starvation rations. Thinking that this sounded pleasant but boring, I decided to take on something more challenging so picked a sunny day to sail to Dartmouth in my GP14 *Vagabond* with Tom Blackmore as crew.

Launching three hours after high tide, we were catapulted out of the estuary on the ebb, passing the safe water mark just before midday. With a perfect F3-4 westerly breeze we made good progress to the Ore Stone, passing to seaward of the Lark Championships off Teignmouth. Passing the Ore Stone we saw a gin-palace fishing so followed suit. Dropping the line overboard Tom immediately declared that he had caught something & preparing ourselves to beat a swordfish to death we were shocked & disappointed to find it was just a small mackerel. We were briefly becalmed crossing Torbay & had a row, but then the wind returned & we raced a Cornish Shrimper the rest of the way to Dartmouth where we entered the harbour at 1630 with the main reefed & jib dropped as the wind funnelled to F5 through the mouth. We found a beach to camp on up the river & let *Vagabond* dry out on the beach to await the morning tide. The swordfish was delicious.

Leaving the harbour the next morning in a flat calm, we dodged into the moorings alongside 'British Steel' as the cruise ship 'The World' was towed in backwards. Off the mouth of the Dart, we found wind so enjoyed another beam reach & some rain for the return journey, stopping at Teignmouth to use the public conveniences (the sign was misleading), returning to Lympstone not long after low tide. We hauled the boat out against the anchor & celebrated the voyage with a cereal bar. Obviously for this sort of trip caution & preparation are vital so the boat was equipped with flares, VHF & masthead buoyancy. Brixham Coastguard also provided an excellent 'check-in' service.

James Chew

### Editor's Entry

Last month, some of you may have noticed that the printed Newsletter looked a bit unkempt whilst the website version appeared in a different format. Overall, I don't think it was an improvement, so I've reverted to my previous ways.

### Clubhouse Changes

Active Members will have seen if not yet taken advantage of, the changes to our facilities. For a nominal rent, the Lympstone Fishery & Harbour Board has allowed LSC to build a storeroom for exclusive LSC use to the north of the existing LFHA store. This has also allowed the extension of the balcony to the north, to the right as you go through the French windows. The removal of LSC gear from the LFHA store will allow more storage slots for LFHA Member's outboard etc. which are oversubscribed.

Active Members will have seen if not yet taken advantage of, the changes to our facilities like the extended racks and the extension to the store. For a nominal rent, the Lympstone Fishery & Harbour Board has allowed LSC to build a storeroom for exclusive LSC use to the north of the existing LFHA store. This has also permitted the extension of the balcony to the north, to the right as you go through the French windows. The removal of LSC gear from the LFHA store will allow more storage slots for LFHA Member's equipment. The harbour hard is already oversubscribed for the storage of dinghies and tenders over the sailing season. The row of tenders adjacent to the harbour are already double-parked, so that access for them is difficult. We have reached the point of subscriber saturation & must now manage a waiting list for new applicants.

### Quilt Show - 14 & 15 August

To sell more raffle tickets & follow up the interest that the quilt has inspired, the organisers of the Quilt Raffle came up with another idea to raise money: a Quilt Show! Jenny Charles gathered together many quilts from the Methodist Hall Quilters & from her friends & family. Debbie Mitchell hosted it in her studio & Judith Carter organised the teas. As the Clubhouse was rented by the Sea Rangers, Helen Dimond hosted the teas in her garden overlooking the estuary. Together with her neighbours a unique & delightful tearoom was created. A big 'thank you' goes to the all the people who helped over the weekend. Sales of raffle tickets, entry, tombola, teas & cakes resulted in a substantial sum being raised for the village hall restoration fund. The real stars of the show however were the quilts. They were of exceptional quality & variety; Sally Harradine's batik quilt was greatly admired along with the Sunflowers. My personal favourite however was Norma Exelby's anthracitic wall hanging 'At the Coal Face'. About 400 attended, loving the Aladdin's cave atmosphere of the studio together with our wonderful Lympstone harbour. Well done everyone! Pat Boaden  
*Well done indeed. I went along to 'lend support' but was totally unprepared for the breathtaking vibrancy of vivid colour & design of the extensive display. Absolutely marvellous. Printing without colour here is a travesty, so will put some images on our website. Ed.*

### The Reverse of Back Bearings?

Sunday 1<sup>st</sup> August 2010, low tide, depart Torquay 0600, destination the Exe. Just for a change of view, *Alba II* proceeded between Thatcher Point & Thatcher Rock where sea birds were swirling in the pale morning sky. 0615: shouting from shore - a man standing on the Point plus half a dozen youngsters on the hill above. Are we heading for uncharted rocks? Dolphins or whale sighting? Binoculars scan the waters ahead. Nothing there but look, a very well built naked man now running/scrambling zigzag downhill, trying to avoid thistles, rocks & the annoyed seabirds. As we closed the Lead Stone by 0630 we saw him finally plunge back into the water. Hopefully to regain his clothes on the mainland & claim his just reward for such a grand effort so early in the morning.

Christine A

*LSC Regatta Day, events going in full swing at the Brook. Group of swarthy on The Green, one bears all, gingerly walking through the shallows, eventually swimming out to Curlew. Boards, turns & plunges once again for return. Adults ashore were aghast but two young girls on the harbour wall who noticed were in fits of laughter!*

Editor

### Test Your Nautical Knowledge - J

What is the meaning of 'Jackstay'? Answer on page 4.