

Editorial matters

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Walkers

- In February 18 seasoned walkers set off from opposite the Norman Lockyer Observatory, Sidmouth to complete a taxing (by our standards!) 5miles of Devon countryside. The walk, led by Guy & Jean Sutton, started with a steep mostly stepped descent to the coast path & Salcombe Mouth, then via S. Regis, Weston Mouth, Lincombe, back to SR & finally a fairly tough climb to the car park. All this effort was rewarded with stunning coastal views & an excellent roast lunch at the Blue Ball
- **7 March - Start at Carpark:** Golden Lion Tipton St John 10am 4+miles. Circular route to N & E of start. Further details on Notice board from 1st or from the Editor. Change from previous plan due to Grizzly Run clash. Best to avoid Beer (capital B) altogether today

**Saturday
13th
March**

The Commodore & his lady are hosting an Italian Supper evening on Saturday 13th March. Numbers are limited to 40, so sign-up to the Notice in the Club as soon as possible please.



'The Flippers' a joyous 5-minutes of entertainment by another act at

Social Diary Dates

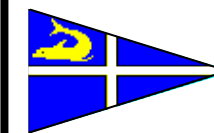
Sun	7 Mar	1000	Walk - see panel p4.
Fri	12 Mar	1930	Talk - 'Dare to Dream' Rory McDougall
Sat	13 Mar	1930	Italian Supper - see Noticeboard
Fri	19 Mar	1930	Talk - Emergency kit - see below
Fri	9 Apr	1930	Race Tactics Talk 1 - Start Line
Wed	14 Apr	0600	Craning Afloat
Fri	16 Apr	1930	Race Tactics Talk 2 - Mark Rounding
Sat	17 Apr	1930	Craning Afloat Supper
Fri	23 Apr	1930	Race Tactics Talk 3 - Tidal Tactics

Friday 19th March

Although the practical demonstration of flares has been cancelled, we now have a talk on such emergency signalling & automatic devices. Do you know the meanings of PLB, GMDSS, SARTs, LEOSAR, GEOSAR, and COPAS-SARSAT, SAR etc? Kevin Riley MBE – Lifeboat Operations Manager – Exmouth Lifeboat Station is the speaker.

This 'n That

Answer (from page 3): a line that has come free of its cleat & is thrashing in the wind or dragging in the water.



Lympstone Sailing Club
 March 2010 Newsletter

Training

POWERBOAT REFRESHER

We begin the season with a fun Power Boat refresher aimed at people who might be called on to act as cox'n to the Safety Boat during the season. This will give you the chance to revise your skills. The course will last for about 3 hours and is free. We are all rusty from our winter's hibernation and need the practice. So please sign up in the Clubhouse to join one of these courses. The attached sheet gives details of all the planned PB Training events for the Season.

Dates Saturday 10th April 15.00 OR Sunday 11th April 16.00 @ Club

HONDA RYA YOUTH RIB CHAMPIONSHIP 2010

Saturday 1st May, start time 8.00 at the Club. HW 9.13 BST, HW 3.7 m.

The local heat for the Junior/Youth Honda Rib Championship will soon be upon us. There will be two age groups 8-12 and 13-16 (the decision date is 13th September 2010). Entrants do not need any Power Boat qualifications. There will be a competent adult, attached to a safety lanyard in the boat at all times. We would like to see as many youngsters as possible out on the water. **Please sign up on the Club Notice Board.** Entry forms will then be sent to you or can be obtained from the Training co-ordinator. The closing date for entries is Saturday 24th April. The Regional final is at the Royal Cornwall Yacht Club, Greenbank, Falmouth on Saturday 19th June and like last year we hope to be able to send several young 'Dolphins'. Our stalwarts Adam, Jack, Jono, Josh and Toby are sadly too old to compete but some of them will be helping to run the event. There will be three refresher evenings for competitors. **Please see the Notice Board or the attached list for details.**

SAIL TRAINING

Dinghy **See attached sheet** for all the planned Dinghy Sail Training events for the Season.

CRUISER AND DAY BOAT TRAINING

The Committee have given me permission to explore the possibility of putting on:

- RYA Day Skipper theory course.
- RYA Coastal Yachtmaster theory course.
- VHF course.

Unlike our own courses we will have to pay commercial rates for these. At this stage, **please sign up on the Notice Board as an expression of interest**, to see if there is sufficient support for this venture.

FIRST AID AFLOAT

An RYA First Aid Afloat Course will be held around early March 2010. The course will take 1 weekend day including the examination (8 hours). Full details will soon be available. This is the call notice for expression of interest. **Please sign up on the Club Notice Board or contact me directly.** If necessary a waiting list will be constructed.

FIRST AID CERTIFICATE COURSE

An RYA First Aid Course is being run by Kernow Training at Topsham Sailing Club sponsored by Starcross on Saturday, 17th April at 09.00. The fee is £55 per person. All the Estuary Clubs have been invited. **Please let me know** if you are interested and a group booking will be made. In previous years the Club has paid half the fee! This year the matter has not yet been discussed. Brian Ridge: 275432; e-mail brianridge@lympstone.eclipse.co.uk

Kingfisher Re-Launched

A refurbished motor boat called Kingfisher was launched by a Club member. The naming ceremony took place on a cold & wet day in November followed by a new 'maiden voyage'. Proud owner Steve Pope had been looking out for an old boat & a stroll along Budleigh beach gave him the inspiration. There were several abandoned boats that the council were seeking to remove so he asked what happened to them. There was all sorts of red tape but a council officer put him in touch with an owner's wife wishing to dispose of a boat that for several years had been sitting in her front garden. The boat was moved to Steve's front garden & might have gone the same way, but after some hard graft it was made ready. Steve commented that "It has been quite a social project as neighbours would stop to chat



when passing by & helped with moving the boat in & out of the garden. Now that I know it floats I've something for mucking about in on the river when not dinghy sailing." Thanks to Andy, Bruce, Alan, Tony & Basil for helping with Kingfisher's launch.

Editor's Entry

Full marks to The Commodore & Vice for their opening act of the Lympstone Village Concert 2010. After Master of Ceremonies John Welton had slowly extracted from the audience the fact that our Sailing Club is the largest opt-in membership organisation in the Village, we were entertained by a humorous take on the Health & Safety aspects of being Admiral Lord Nelson today as previously rehearsed at the Dinner & Dance.

I have recently read a book about a chap who rowed, sailed, & lugged a Mirror dinghy from Ellesmere to the Black Sea, via rivers, canals & the Channel. He just has to be an Australian! *The Unlikely Voyage of Jack De Crow: A Mirror Odyssey from*



North Wales to the Black Sea by A.J. Mackinnon is an amusing read. If having read that, the idea of the occasional overnight stay on your dinghy or dayboat appeals, I can recommend the Dinghy Cruising Association website for encouragement & tips & the experience of others. If you then take the big step to consider doing it, let me know as Curlew likes to join in such *Swallows & Amazons* activities.

Membership Renewal have you completed your blue form yet & paid? The change of the Club's year at the AGM now means that the information given on this form can be used for the forthcoming season. Please sign up for a range of duties. Do it today & beat the deadline of 17th March. But please note that the H&S rules are not yet on the website at the time of going to press.

Club member Rory McDougall will be presenting an illustrated talk of his adventures sailing his self-constructed 21' catamaran "Cooking Fat" single-handedly around the world, on Friday 12th March. Surely an event not to be missed!

Test Your Nautical Knowledge

Question: What is a deadman? Answer on page 4.

Race Talk Tactics Series

LSC's current sailing profile might be characterised by the phrase: friendly family sailing including mildly competitive but friendly Club racing. But this was not always so; scanning for names in past National Championships archives will bring up more than a few Lympstone names over the years. One doesn't succeed at such levels on friendliness when it comes to racing on the water. To encourage a more competitive side to our racing, a short series of Friday Clubnight informal talks has been arranged, given by a different member each week: Friday 9 April - Start Line Tactics - Chris Cooke, Friday 16 April - Mark Rounding Tactics - Scott Cochrane, Friday 23 April - Lympstone Tidal Tactics - Jason Ingham. Doors will open at the usual time, 1930, with the talks starting at 2000, lasting from between 30 to 60 minutes. They will surely be of interest even to those of us confined to Committee boat or Officer of the Day duties and all sailors.

SOLAS V FOR PLeasure Craft / Sea Safety

Have you read these and do you understand them? Some time back in time, 1st July 2002 to be precise, some new regulations came into force which directly affect all of us pleasure boat users. These regulations are part of Chapter V of the international Convention for Safety of Life at Sea, otherwise known as SOLAS V. Amongst the regulations are those covering: Radar Reflectors; Life Saving signals; Danger messages; Distress messages; Safety navigation and Misuse of distress signals. Just taking one of these regulations, No 29 Lifesaving signals quotes: '*An illustrated table describing life-saving signals shall be readily available to the officer of the watch on every ship which this chapter applies*'. In this case the 'ship' means *your* boat. Have you got your copy? If not a selection of these have been left in the club for you to pick up if you need one. Alternatively catch up with either Chas or Alan, your resident RNLI SEA Safety advisers, and we will happily let you have one. As we are heading closer to craning in and the start of another sailing season we should be thinking about these small but significant things just as much as the anticipation of antifouling and checking our moorings ready for launch. Also don't forget the FREE SEA Safety checks available. A friendly chat aboard your boat just as easily done before you launch as after.