

Editorial matters

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This 'n That

- **Answer to question on page 3:** Binding a hook with line from shank to the tip of the hook to ensure the content does not jump out.
- If you have e-mail, you should receive an update from Chris Cooke most weeks. If not, either check your spam box, or make sure that he has your current e-mail address: [cooke.millvale\(at\)eclipse.co.uk](mailto:cooke.millvale(at)eclipse.co.uk)
- Those who venture to the nether regions of the estuary may notice a new starboard buoy (No11) off Exmouth Harbour, supposedly to encourage visitors to turn to port once they've passed the tip of Dawlish Warren.

From Our Antipodean Secretary

'G'day' to all our friends at LSC, Happy Christmas & all good wishes for the New Year! We'll be celebrating with cousins in Adelaide – well, 'up the river', whatever that may mean – somewhere on the Murray I believe! Having a good mix of work & play out here – we do like the Aussies – plenty of banter about the cricket at present. Started in Melbourne, just left Sydney, now speeding along the Hume Highway in driving 'English' rain. Weather been unusually mixed all trip – brought it out from UK I think – but no complaints when we hear of the cold snap you're having. Yes we have been on the beach, one of us has been in the sea a few times, we've BBQ'd & assessed the sailing in Sydney Harbour. A few myths to dispel: 1. 'Power gives way to sail' - NO – when those ferries get going they just blast their horns & no matter what traffic is around YOU MOVE! 2. 'Oz is hot & sunny' – only sometimes – a lot of grey damp days & cold enough to turn my fingers blue too! 3. 'The place is overrun with kangaroos' – well we've yet to see one & certainly covered well over 1000 miles to date! 4. 'Australian wine is cheap' – NOT in Australia – you can buy the same at a fraction of the price in UK – but there is a rich variety we're working through & also a fair few quite acceptable beers! Have fun, take care – & keep in touch if you wish – both email & skype work except in the outback. Rosemary

Diary Dates

| | | | |
|-----|--------|------|-----------------------------------|
| Sun | 5 Dec | | Walk - Sam Watts |
| Fri | 17 Dec | 1930 | Xmas music & mince p. & mulled w. |
| Sun | 26 Dec | 1000 | Boxing Day Swim @ LSC |
| Fri | 31 Dec | 1900 | Walkers' New Year's Eve Dinner |
| Fri | 14 Jan | 1200 | Mariners' Munch commence weekly |
| Sat | 15 Jan | 1930 | + Mama Mia Evening |
| Sat | 29 Jan | | Dinner & Dance in Village Hall |

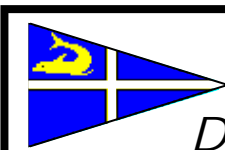
Mariners' Munches

Please note that the next series of Mariners' Munches will commence on Friday 15th January & will take place each Friday through to 9th April. Liz Gordon will be co-ordinating the Munches this year, so if you can take a turn of laying on these soup & sandwich lunches at the Club please get in touch with her to select a suitable date. Tel: 01395 263954 or e-mail: [lizanron\(at\)tiscali.co.uk](mailto:lizanron(at)tiscali.co.uk)

Winter Walking

Walking Group kicked-off the new season Eighteen members of the group braved the damp, gloomy weather on November 14th to join the walk, ably organised once again by Adrian and Frances Hurrell. A circular route from White Bridge and the coastal path (with views restricted by the weather) took the group to Otterton for lunch at the King's Arms. (The new (to me, anyway) information panels at the old lookout on the cliffs provide interesting information about wartime bomb and gunnery testing offshore from the site.). The walkers were joined for lunch by some 10 other members, two of whom joined the main group for the return journey down the Otter to the start point. Thanks to Adrian and Frances - an enjoyable walk (and good lunch!) notwithstanding the gloomy day.

Next walk: Sunday 5 December, leader Sam Watts. John B



Lymestone Sailing Club

December 2010 Newsletter

Club Dinner & Dance 2011

Lymestone Village Hall
Saturday 29th January
7 pm 'til midnight
Black tie or pirate theme
Cost £20 per head

**The New LSC Team - 2011 - Committee**

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The New LSC Team - 2011 - Non-Committee

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Child Protection Rosemary Maltby Holm Oaks, Sowden La Ly. EX85HB275752 [rosemary.maltby\(at\)googlemail.com](mailto:rosemary.maltby(at)googlemail.com)

Help Needed with Running the Sailing Club Bar

Phil Legge has agreed to continue to look after the bar at the Sailing Club but as his work commitments have changed since taking on this role last year, he is no longer able to give the role the time it demands. The role involves, ordering & buying stock for the bar, stocking the bar, monitoring the social calendar for events & ensuring sufficient stock is ordered for them; cleaning the beer pipes each week, tidying the cellar, keeping the bar shelves & fridges stocked & clean, buying ice, taking empties to the recycling centre, buying crisps nuts etc. & ensuring there is enough change in the float. Phil has said he is happy to continue to buy the stock for the bar but he would welcome help with the other duties.

I am looking for a team of helpers to take on one or more of the following tasks

- Cleaning the beer pipes
- Taking recyclables, (cans, bottles & plastic containers) to the recycle centre
- Keeping bar & cellar tidy, stocking shelves
- Getting change for the float for bar till

If we have no one to stock the bar from the cellar, the best way to tackle this would be to ask people doing bar duty to ensure they arrive early enough to check the bar stock & replenish shelves from the cellar if necessary.

To help ensure we have the stock we need **THERE WILL BE A BOOK BEHIND THE BAR FOR PEOPLE TO PUT REQUESTS FOR ITEMS TO BE BOUGHT FOR THE BAR**.

Please contact me if you can help with any of these tasks, if I can get a team together it would mean that there is cover for these different tasks. Please phone 274104 or email judith_carter@hotmail.com

Recycling at the Sailing Club

As with dwellings, the Club now needs to follow the new refuse collection & recycling rules. This means:

- Only landfill items to go in the bin in the kitchen, which is then emptied into the Black Landfill wheelie bin sited behind the safety boats
 - Food waste to go in the grey caddy in the kitchen & be emptied into the blue caddy kept in cleaners store under the stairs
 - Glass & plastic bottles & cans should go in the recycle box behind the bar
- There are instructions on the kitchen wall to help us to enact the new system. *Judith Carter*

Editor's Entry

Many thanks to those who have stepped down from serving the Club in a headline capacity at the AGM & welcome to those who have taken on specified roles. The Commodore mentions outstanding service in his Signal. Not too long gone are the days when the Commodore & his lady virtually ran the Club alone. Now, the list of tasks & names almost fill page one. If they all work effectively, with our support, this Club will fly!

I have been enquiring about the data that the Environment Agency collect from the wind sensors on the harbour wall end & the water level gauge in Wotton Brook. So far I've established that the last 48 hours of the latter is available online, whilst no wind data is available online currently. I am monitoring the water level data & will report any interesting trends in the ensuing months. You can see the data at <http://www.environment-agency.gov.uk/homeandleisure/floods/riverlevels/120726.aspx?stationId=3094>. It would appear that one has to add 1.63 to the figures to bring them in line with published Exmouth tide heights.

In order to minimise the risk of automatic e-mail-picking software grabbing e-mail addresses from these pages, in future I shall use {at} instead of @. Of course until I either remove or edit the content of all 80+ Newsletters on-line, they can still be picked from. Does anyone refer to old Newsletters online? The website will not be up-to-date for a while due probably to an administrative hitch.

Commodore's Signal

With the AGM now behind us, earlier than in previous years, we stride purposefully into the new club year & I find myself penning the first Commodore's signal of my tenure since receiving the Paddle & pennant of Office. Not alone on the night in stepping into flag officer positions, both Brett Candy & Judith Carter joined me as Vice- & Rear Commodores respectively. This saw the stepping down of our time-served flag officers Commodore Mike, & Rear Commodore Ron Gordon, as well as the very long-serving Don Govern who has guarded the Club's finances as Honorary Treasurer so well since ending his tenure as Commodore many years past, & Brian Ridge as both Club Secretary & Training Co-ordinator. The combined experience of all will be missed on the Committee. The enjoyable Prizegiving & Spuddle evening saw over 20 hard-won training certificates awarded & a variety of silverware handed out to those successful competitors from across the fleets throughout the year. Whilst the list of names is too long to mention here it should be noted that our new Cruiser Captain, Alan Hoare, seemed to receive a significant share of the booty. The crowning glory of the presentations in the guise of the Darling Rock trophy brought a number of chuckles around the room & a look of sheer surprise from its new joint holders Brett & Isabel Candy. Their sin? – for being seen – Brett for 'exiting' the boat without permission & Isabel for sailing off - leaving him to be unceremoniously plucked from the water by the safety boat as she continued with the race. *(This is how coxless rowing racing was introduced to Henley Royal Regatta in 1868 by a Brasenose coxed four whose cox (coxswain) jumped ship just after the start. Finishing first easily, they were promptly disqualified Ed.)*

We have three new fleet captains Alan Hoare - Cruisers, Simon Prior - Dinghies, & Bob Spencer - Powerboats, who join John Bennett - Dayboats. They all would welcome & indeed need your support to plan the 2011 season. Before I sign off, a couple of timely mentions of seasonal events. The Boxing Day swim will be at 10am – come & join me in braving the elements or cheering us intrepid (or foolish) swimmers & splashers on – & our annual Dinner Dance on the 29th January in the village hall. In closing I would like to wish you all, everything you would wish for yourselves for Christmas & New Year. *Chas*

What is meant by 'Going down the mine'?

This is a manoeuvre becoming more prevalent with the recent generation of fast racing dinghies, or skiffs. It is essentially a forward somersault, & happens when you are planing fast on a broad reach, with the gennaker up & surfing down the waves. As you fly spectacularly down one wave (or even launch off the top of it), you dread hitting the trough too hard, & trying to avoid your bow plunging into the back of the wave in front. If it does dig in, solid green stuff comes over the front & the boat begins to act like a diving submarine. The boat speed is stopped dead, the apparent wind goes suddenly aft, & strengthens hugely. The dynamic loading on the rig is enormous, particularly from the gennaker, & as the forestay flaps around like loose rope you just pray the mast doesn't 'go bang'. In fact, the helm & crew, don't have much time for prayer, since they are dangling on wires they simply carry on their forward motion, usually performing entertaining gyrations & flailing of their limbs as they fly through the air, trying to avoid hitting anything hard. It then all goes quiet & wet. The boat ends up vertical, bow deep under water with only the back half of the boat showing above the water, looking ignominiously like a diving duck.

Other common terms are 'going over the handlebars' & 'cartwheeling'. Points are commonly awarded by fellow competitors for style & 'showing a good line', as in 'Strictly Ballroom'. It can take time to recover, however our local Olympians performed a near perfect pitch pole in one race in Beijing but still went on to win Gold. But it is not recommended as a manoeuvre for those who like to avoid spilling their drinks when on board a boat. *Simon Pryor*

Test Your Nautical Knowledge - M

What is the meaning of 'Mousing'? Answer on page 4.